

## Triangle Bible Study

## Lesson 12: Romans 12

### Warmup

- Share something you found helpful in the lecture on Romans 12.

### Day 1: Read Romans 12:1-2 [\[Open NIV\]](#) [\[Open NKJV\]](#)

1. **Thought Question:** What does it mean to offer yourself as a living sacrifice? **Personal Question:** When have you ever “offered your body as a living sacrifice, holy and pleasing to God”? Explain your answer.
2. **Thought Question:** What is the difference between being “conformed” and being “transformed” mentioned in verse 2?
3. **Personal Question:** List some practical ways you might experience the “renewing of your mind” mentioned in verse 2.

### Day 2: Read Romans 12:3-8 [\[Open NIV\]](#) [\[Open NKJV\]](#)

4. According to verse 3, how should you think of yourself?

5. To what does Paul compare the body of Christ in verses 4 and 5? Be specific.
  
6. List the gifts mentioned in verses 6-8. Remember, these are tools for building the church, not toys for playing in the church. **Personal Question:** When have you ever exercised/demonstrated any of the gifts mentioned in verses 6-8. Be specific.

**Day 3: Re-read Romans 12:3-8** [\[Open NIV\]](#) [\[Open NKJV\]](#)

7. Referring to the church, verse 5 states that “each member belongs to all the others”. Explain what you think that means. In what way does everyone in the church belong to each other?
  
8. **Personal Question:** How are you contributing to the “others” in the church? List a few practical and measurable actions you do for the church. (Note: This is not bragging in the context of your discussion group.)

9. Why is it important for members of the church to have some idea of their giftedness from God?

**Day 4: Read Romans 12:9-13** [\[Open NIV\]](#) [\[Open NKJV\]](#)

10. List the admonitions in verses 9-13.

11. **Personal Question:** Which admonition is most difficult for you and why?

12. **Personal Question:** Which admonition have you practiced recently? Explain your answer.

**Day 5: Read Romans 12:14-21, Proverbs 24:17, Matthew 5:38-39, 1 Peter 3:9**  
[\[Open NIV\]](#) [\[Open NKJV\]](#)

13. Write down the main point of verses 14-21.

14. **Thought Question:** Why is it so difficult to refrain from wanting revenge toward an enemy, rather than treating the enemy with kindness?

15. What do you learn from the following verses?

- Proverbs 24:17
  
  
  
  
  
  
- Matthew 5:38-39
  
  
  
  
  
  
- 1 Peter 3:9

**Day 6: Re-read Romans 12** [\[Open NIV\]](#) [\[Open NKJV\]](#)

16. What challenged you most from Romans 12? Why?

17. Write down your main take-away from this chapter.