

Triangle Bible Study

Lesson 16: Philippians 1

Warmup

- How did the lecture on Philippians 1 enlighten you?

Day 1: Read Philippians 1:1-6 [\[Open NIV\]](#) [\[Open NKJV\]](#)

1. List things you learned about the Apostle Paul from vs. 1-2.
2. How did Paul keep a joyful attitude according to today's passage?
3. Explain something you learned from today's scripture that you are willing to apply to your life.

Day 2: Read Philippians 1:7-11 [\[Open NIV\]](#) [\[Open NKJV\]](#)

4. What did Paul share with the Philippian church and on what grounds was this claim made?
5. Using today's verses, how is one to discern what is best?

6. List characteristics of Paul's prayer life that would benefit your own prayer time.

Day 3: Read Philippians 1:12-19 [\[Open NIV\]](#) [\[Open NKJV\]](#)

7. Paul says in v. 13 that everyone knew he was "in chains for Christ." What does that mean?
8. Why did Paul not concern himself with the motives of others who were preaching Christ?
9. How are your difficult circumstances being used to help others?

Day 4: Read Philippians 1:20-26 [\[Open NIV\]](#) [\[Open NKJV\]](#)

10. Describe Paul's expectations concerning his imprisonment.
11. How was Paul conflicted?
12. What did Paul conclude and how will you apply it to your life?

Day 5: Read Philippians 1:27-30, Matthew 5:11-12, 1 Thessalonians 2:2 [\[Open NIV\]](#)
[\[Open NKJV\]](#)

13. Explain Paul's attitude about suffering for Christ.
14. Describe a time in your life when you suffered for Christ.
15. How do Matthew 5:11-12 and 1 Thessalonians 2:2 give you perspective about suffering for Christ?

Day 6: Review Philippians 1 [\[Open NIV\]](#) [\[Open NKJV\]](#)

16. What interested you most about Chapter 1?
17. Explain how Philippians 1 brought conviction to your heart.
18. What was your takeaway from this week's lesson?