

## QUESTIONS

### Day 1: Review

1. What helped you most from reading the commentary notes?
2. What helped you most from listening to the lecture?

### Day 2: 1 Timothy 4:1-5 [\[Open NKIV\]](#) [\[Open NIV\]](#)

3. What was the over-arching main problem being addressed in these verses?
4. What does verse 1 say about those who abandon the faith? Whether out of ignorance or deliberately, who are they following?
5. List some of the specific things that accompany “such teachings” (v. 2) mentioned by Paul in these verses.
6. ? Thought Question: Explain what you think verses 4 and 5 mean and how someone might misinterpret/apply its meaning?
7. ? Personal Question: How can you protect yourself from false teaching in the church?

### Day 3: 1 Timothy 4:6-10 [\[Open NKIV\]](#) [\[Open NIV\]](#)

8. The concept of training is mentioned multiple times in today’s verses. What does it mean to “train spiritually”?
9. According to our verses, why should you “train spiritually”? (Note: Paul mentions multiple reasons for such training.)

10. ? Personal Question: Make a list of things you currently do to “train spiritually”.

**Day 4: 1 Timothy 4:11-16** [\[Open NKIV\]](#) [\[Open NIV\]](#)

11. List the specific instructions Paul gives to Timothy (and us).

12. ? Personal Question: From your list in question 11, which specific instruction is easier and which is more difficult for you to follow and why?

**Day 5: 1 Timothy 4:15** [\[Open NKIV\]](#) [\[Open NIV\]](#)

13. Verse 15 talks about others seeing your progress. What do you think that means?

14. Beside each cross reference below, write down something you learn about progressing in the Christian faith.

Ephesians 4:11-13-

Colossians 1:9-12-

Hebrews 6:1-

1 Peter 2:2-

15. ? Personal Question: Write down some evidences in your own life that someone might perceive as your making progress in your faith journey.

**Day 6: Reread 1 Timothy 4** [\[Open NKIV\]](#) [\[Open NIV\]](#)

16. ? Personal Question: Which verse from 1 Timothy 4 addresses something specific happening in your life now? How does this verse help your situation?

17. What “things” are being referenced in verse 11 to “command and teach these things” and how have you obeyed this admonition?
  
18. ? Thought Question: How should verse 12 encourage young people (or those young in their faith)?
  
19. What is your main take away from 1 Timothy 4...and why?