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## QUESTIONS

All questions are based on the New King James Version of the Bible.

### Day One: Read all notes and references.

1. How are the laments a godly model for our prayers when we are suffering?
  
2. a. Write a short lament of your own. It may be either a personal lament or a lament for your church, community, or nation.
  
- b. What helped you most from the lecture?

### Day Two: Read Psalm 11.

3. a. From verses 1-3, what had David's counselors or friends advised him to do? Why?
  
- b. What was David's response in verse 1?
  
4. a. What reasons did David give for putting his trust in the Lord?
  
- b. Take each reason you listed in the previous answer and tell why each should illicit more confidence in God.
  
5. (Personal Question) From this psalm, what encourages you to put your trust in the Lord rather than run away from your problems?

### Day Three: Read Psalm 23.

6. a. In Psalm 23, David puts his trust in the Lord as his \_\_\_\_\_.
  
- b. If you have any knowledge of shepherds and what they do for their sheep, write it down and be prepared to share it with your group.
  
- c. Make a list of things that David's Shepherd (the Lord) does for him (and us).

- d. John 10:14, Hebrews 13:20, and 1 Peter 5:4, reveal our Shepherd as the Lord Jesus Christ? How has our Shepherd provided for our feeding and restoration according to the following Scripture passages?

John 4:10-14

Ephesians 5:26

1 Peter 2:2

7. a. What might have caused David to fear, according to v. 4?

b. What took away that fear?

8. a. How does Psalm 23:5 describe the Lord's special provision for His *sheep*?

b. How did David conclude this psalm in v. 6?

c. (Personal Question) In your own life, what is the most comforting principle stated in Psalm 23? Why?

**Day Four: Read Psalm 46.**

9. a. List the things you learn about God from this psalm.

b. (Personal Question) What do you find to be especially encouraging in this list?

10. a. What does He command us to do in v. 10?

b. (Personal Question) What timeless principle is being communicated to us and how will you apply it to your own life?

11. a. Which truths do we learn about God in vs. 7 & 11?
  
- b. How will you apply vs. 7 & 11 in your present circumstances?
  
- c. Why is it meaningful that He is the God of Jacob? See Genesis 28:10-15.

**Day Five: Read Psalm 62.**

12. a. In this psalm of David, which verses are repeated?
  
  - b. Why do you think David repeats these thoughts?
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13. From verses 3 and 4, what was David's situation which caused him to think of trusting quietly in God?
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14. What did David call the people to do in v. 8? Why?
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15. a. What does David say in verses 9 and 10 about trusting in men and material wealth?
  
  - b. ♥(Heart Question) Are you ever tempted to trust in other people or material things? What tempts you the most? Be specific.
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16. a. What two important truths had David learned from God in vs. 11-12?
  
  - b. What is the final reason David gives for trusting in God?
  
  - c. In the context of this psalm, what do think that means?

**Day Six: Read Psalm 121.**

17. a. Where did the psalmist's help come from?

b. Give reasons in vs. 2 & 3 why you should look to God for your help.

18. a. Besides being your help, what else is He, according to verses 5 and 7?

b. (Personal Question) Of all that He does for you, as expressed in this psalm, which is the most meaningful to you and why?